



## Oaklea House Day Nursery: Sample Menu

| Week 1           | Monday   | Tuesday                                    | Wednesday   | Thursday                            | Friday             |
|------------------|--|--|---|-------------------------------------|--------------------|
| <b>Breakfast</b> | A selection of cereals and toast with milk or water to drink |  |   |                                     |                    |
| <b>Lunch</b>     | Lasagne with garlic bread                                    | Fish Pie                                   | Roast chicken, roast potatoes and Yorkshire pudding | Macaroni cheese                     | Cottage Pie        |
| <b>Pudding</b>   | Yoghurt  | Ice cream and sauce                        | Mousse  | Fruit crumble and custard           | Banoffee Pie       |
| <b>Tea</b>       | Baked beans on toast   | Cheese and tomato quiche with garlic bread | Selection of sandwiches                             | Homemade soup with bread and butter | Spaghetti on toast |
| <b>Pudding</b>   | Pineapple upside down cake and cream                         | Fruit Jelly                                | Swiss roll  | Yoghurt                             | Flapjack           |

| Week 2           | Monday   | Tuesday                             | Wednesday               | Thursday   | Friday  |
|------------------|--|-------------------------------------|-------------------------|--|---|
| <b>Breakfast</b> | A selection of cereals and toast with milk or water to drink |                                     |                         |  |   |
| <b>Lunch</b>     | Chilli con carne with rice                                   | Sausage plait with mashed potato    | Tuna pasta bake         | Roast pork, roast potatoes and Yorkshire pudding | Fish cakes with mashed potato and baked beans |
| <b>Pudding</b>   | Banana loaf  | Fruit sponge                        | Yoghurt                 | Peaches and cream                                | Mousse  |
| <b>Tea</b>       | Jacket potatoes with cheese and baked beans                  | Homemade soup with bread and butter | Selection of sandwiches | Pasta salad                                      | Cheese and ham quiche with garlic bread       |
| <b>Pudding</b>   | Yoghurt  | Oaty Biscuits                       | Fruit Jelly             | Cheesecake                                       | Sultana scones                                |

**All main meals are served with a selection of seasonal vegetables  
A choice of fruit, breadsticks or rice cakes are offered as a snack twice a day with milk or water.**



## Oaklea House Day Nursery: Sample Menu

| Week 3           | Monday   | Tuesday                             | Wednesday                              | Thursday         | Friday  |
|------------------|--|-------------------------------------|--|------------------|---|
| <b>Breakfast</b> | A selection of cereals and toast with milk or water to drink |                                     |  |                  |   |
| <b>Lunch</b>     | Spaghetti bolognese  | Cowboy casserole with mashed potato | Chicken Korma with rice and naan bread | Fish Pie         | Roast chicken with roast potatoes and Yorkshire pudding |
| <b>Pudding</b>   | Apple crumble with ice cream                                 | Mousse                              | Sponge cake with cream                 | Fruit Cocktail   | Yoghurt   |
| <b>Tea</b>       | Cheesy muffins with carrot sticks                            | Selection of sandwiches             | Homemade soup with bread and butter    | Tuna pasta salad | Spaghetti on toast                                      |
| <b>Pudding</b>   | Yoghurt  | Fruit Jelly                         | Swiss roll                             | Mousse           | Oaty Biscuits   |

| Week 4           | Monday   | Tuesday  | Wednesday                        | Thursday                    | Friday                           |
|------------------|--|--|----------------------------------|-----------------------------|----------------------------------|
| <b>Breakfast</b> | A selection of cereals and toast with milk or water to drink |  |                                  |                             |                                  |
| <b>Lunch</b>     | Cheese and potato pie with baked beans                       | Roast gammon with roast potatoes and Yorkshire pudding | Chicken and vegetable pasta bake | Minced beef hotpot          | Sweet and sour chicken with rice |
| <b>Pudding</b>   | Banana custard   | Fruit cocktail   | Sponge and cream                 | Peaches and ice cream       | Yoghurt                          |
| <b>Tea</b>       | Selection of sandwiches                                      | Homemade soup with bread and butter                    | Baked beans on toast             | Pizza with vegetable sticks | Tuna puff                        |
| <b>Pudding</b>   | Apricot flapjack   | Yoghurt  | Mousse                           | Swiss roll                  | Fruit Jelly                      |

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A choice of fruit, breadsticks or rice cakes are offered as a snack twice a day with milk or water.**